

Gnome pocket pals



Nag & Nog

A FREE pattern designed by Debi Birkin

Gnome pocket pals Nag & Nog

(guess who's Nag)

MATERIALS:

Knitting needles size 3mm
(UK 11) (USA 2.5)

DK yarn (USA light worsted)

Only oddments & scraps
are needed in;
FLESH, RED, BROWN,
YELLOW, RUST &
GREEN plus FUN FUR
yarn for beard

SIZE: approx (8") 20cm

ABBREVIATIONS:

Always repeat instructions in
brackets () x the amount given

Beg = begin,

K = knit,

P = purl, sts = stitches,

st-st = stocking stitch (knit 1 row
purl 1 row),

K2tog or P2tog = knit or purl
2sts together to decrease 1
stitch,

Inc1 = increase 1 stitch by knitting
first into the back of a stitch and
then into the front of the same
stitch,

B&T = bind and tie by breaking
off yarn, threading onto a large
needle and passing the needle
through the stitches remaining,
gather them up tight and tie off.

Casting on; the 3 methods that I
use in all my designs are LOOSE ,
FIRM & TIGHT using 2 needles

Loose method = Tie yarn to 1st
needle, insert 2nd needle into
the loop, knit a stitch and place it
back onto the 1st needle, repeat

for as many stitches required.

Firm method = Make 2 stitches
using the above method and then
create the 3rd stitch by placing
your 2nd needle BETWEEN the 1st
and 2nd stitch, knitting it and then
TWISTING THE LOOP before
placing it back onto the 1st needle,
always making new stitches from
between the stitches instead of
inside them will result in a much
neater and firmer casting on
edge.

Tight method; same as the firm
method but DO NOT twist the
loop, this will give you tighter
stitches

**You may prefer to use your own
casting on methods.**

Casting off methods; Always cast
off in a knit wise direction unless
otherwise directed.

Tips; Leave long tails when you
cast on & off, you may not always
need them but sometimes they
make attaching small parts much
neater.

Tiny sections can be stuffed with
the same yarn as you used to knit
with, especially good for red &
royal blue knitted pieces as white
or black stuffing often shows
through.

BEGIN KNITTING

**Hey, have you read the
abbreviations ?**

Both bodies are identical

BOY & GIRL BODY(make 1 piece)

In Body colour

(red for girl, green for boy)

Beg at bottom

Cast on 16sts firmly

P 1 row

(inc1)x 16 = 32sts

Beg with a P row & st-st 23 rows

(k2tog)x 16 = 16sts

P 1 row

Cast off

BOY & GIRL HEAD(make 1 piece)

In flesh, beg at top of head

Cast on 12sts tight

P 1 row

(inc1)x 12 = 24sts

Beg with a P row & st-st 17 rows

(k2tog)x 12 = 12sts

P 1 row

(k2tog)x 6 = 6sts

B&T

MAN'S BEARD (make 1 piece)

In fun fur,

Cast on 20sts loose

K 3 rows

Cast off.

ARMS (make 2 the same)

In Body colour

(red for girl, green for boy)

Beg at top

Cast on 4 sts tight

Beg with a K row & st-st 2 rows

k1, (inc1)x2, k1 = 6sts

P row

k1, (inc1)x4, k1 = 8sts

P 1 row

Cast on 1st , K to end = 9sts
Cast on 1st , P to end = 10sts
Beg with a K row & st-st 7 rows
P 2 rows for cuff

Change to flesh for hand

Beg with a P row & st-st 5 rows
(k2tog) to end of row = 5sts
B&T

LEGS (make 2 the same)

In flesh
Cast on 12sts for top of leg
Beg with a K row & st-st 15 rows

Change to brown for boot

Beg with a P row & st-st 5 rows
K5 (inc1) x 3 , k4 = 15sts
P 1 row
K4, (inc1) x 8, k3 = 23sts
Beg with a P row & st-st 5 rows
K5, (k2tog)x3, k1, (k2tog)x3, k5 = 17sts
P2tog, p13, p2tog = 15sts
Cast off for sole edge.

BOY & GIRL HAT (make 1 piece)

(red for girl, brown for boy)
Beg at bottom edge
Cast on 30sts firmly
Beg with a K row & st-st 10 rows
(k2tog, k1) x10 = 20sts
Beg with a P row & st-st 5 rows
(k2tog) x10 = 10sts
Beg with a P row & st-st 5 rows
(k2tog) x5 = 5sts
B&T

DRESS FRONT (make 1)

In yellow, begin at hem
Cast on 24sts loose
Beg with a K row & st-st 26 rows
Cast off 3sts & K to end = 21sts
Cast off 3sts & P to end = 18sts
Divide for neck as follows;
K 9, turn & work on these 9sts only.
P2tog, P to end = 8sts
K 1 row
P2tog, P to end = 7sts

K 1 row
P2tog, P to end = 6sts
Beg with a K row & st-st 7 rows
Cast off & with knit side facing
you rejoin yarn to the remaining
9sts on your needle.

K 1 row
P7, p2tog = 8sts
K 1 row
P6, p2tog = 7sts
K 1 row
P5, p2tog = 6sts
Beg with a K row & st-st 7 rows
Cast off.

DRESS BACK (make 1)

In yellow, begin at hem
Cast on 24sts loose
Beg with a K row & st-st 26 rows
Cast off 3sts & K to end = 21sts
Cast off 3sts & P to end = 18sts
Beg with a K row & st-st 14 rows
Cast off.

BOY'S TUNIC FRONT (make 1)

In orange, begin at hem
Cast on 32sts loose
Beg with a K row & st-st 10 rows
Decrease for waist as follows;
(k2tog, k2)x 8 = 24sts
Beg with a P row & st-st 7 rows
Cast off 3sts & K to end = 21sts
Cast off 3sts & P to end = 18sts
Divide for neck as follows;
K 9, turn & work on these 9sts only.
P2tog, P to end = 8sts
K 1 row
P2tog, P to end = 7sts
K 1 row
P2tog, P to end = 6sts
Beg with a K row & st-st 7 rows
Cast off & with knit side facing
you rejoin yarn to the remaining
9sts on your needle.
K 1 row
P7, p2tog = 8sts
K 1 row
P6, p2tog = 7sts
K 1 row

P5, p2tog = 6sts
Beg with a K row & st-st 7 rows
Cast off.

BOY'S TUNIC BACK (make 1)

In orange, begin at hem
Cast on 32sts loose
Beg with a K row & st-st 10 rows
Decrease for waist as follows;
(k2tog, k2)x 8 = 24sts
Beg with a P row & st-st 7 rows
Cast off 3sts & K to end = 21sts
Cast off 3sts & P to end = 18sts
Beg with a K row & st-st 14 rows
Cast off.

BOY'S TROUSERS (make 2 pieces)

In green, begin at waist edge
Cast on 17sts firmly
Beg with a K row & st-st 12 rows
Increase for crotch as follows;
Inc1, K to last st, inc1 = 19sts
Inc1, P to last st, inc1 = 21sts
Beg with a K row & st-st 10 rows
Cast off for hem.

MAKING UP;

As the pieces are quite small, you will find it so much easier & neater to sew up using sewing thread & a fine needle

BODY; sew up the back seam, place in middle of back & sew shoulder seam flat across, stuff, sew bottom cast off edge flat across with back seam in the middle

ARMS; seam up from hand to the widest point, stuff and sew to body around the armhole.

LEGS; fold leg in half with seam at the back, start at sole and seam up to cast on top edges, stuff & sew to body around the top edge of leg.

HEAD; sew up the back seam, place in middle of head, stuff, gather up top edge of head & tie

off, secure head to body with a few tight stitches.

GIRL'S DRESS; Sew up side seams to arm holes, sew shoulder seams together , use a contrasting yarn & tapestry needle work decorative blanket stitches around the edges

BOY'S TUNIC, make up the same as the girl's dress and run a line of gathering stitches around the waist and draw up to fit body, work over this line with a row of chain stitches for his belt.

TROUSERS; sew each leg together from the hem to the crotch, sew the 2 legs together from the waist edge down to the crotch and back up to the waist line again, either sew trousers to body or weave sheering elastic around the top edge.

HAT; fold hat in half & sew from the tip to the bottom edge to create a cone, use a contrasting yarn & tapestry needle work decorative blanket stitches around the bottom edge.

Beard; wrap around the face in a "U" shape and secure each end to top of head

GIRLS HAIR; cut 18 strands of yarn, 18inches long, tie the bundle in the middle, plait each side, tie off with yarn approx 1 inch from each end and trim the edges, sew the middle to top of head.

WELL DONE
you are finished

Please visit my website for more fun designs

Happy knitting

Debi Birkin

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